

Onderzoek naar reuma en vasten:

1. Sköldstam L. *Fasting and vegan diet in rheumatoid arthritis*. Scand J Rheumatol, 1986
2. Hafström I, Ringertz B, Gyllenhammar H, Palmlad J, Harms-Ringdahl M. *Effects of fasting on disease activity, neutrophil function, fatty acid composition and leukotriene biosynthesis in patients with rheumatoid arthritis*. Arthritis Rheum. 1988
3. Palmlad J, Hafstrom I, Ringertz B. *Antirheumatic effects of fasting*. Rheumatic Diseases Clinics of North America 17(2):351-362, 1991.
4. Kjeldsen-Kragh J, Haugen M, Borchgrevink CF, Førre Ø. *Vegetarian diet for patients with rheumatoid arthritis: Status two years after introduction of the diet*. Clin Rheumatol. 1994
5. Kjeldsen-Kragh J, Hvatum M, Haugen M, Forre O, Scott H. *Antibodies against dietary antigens in rheumatoid arthritis patients treated with fasting and a one year vegetarian diet*. Clinical Experimental Rheumatology. 1995
6. Stone J, Doube A, Dudson D, Wallace J. *Inadequate calcium, folic acid, Vitamin E, zinc and selenium intake in rheumatoid arthritis patients: results of a dietary survey*. Seminars in Arthritis and Rheumatism. 1997.
7. Fraser D, Thoen J, Reseland J, Førre Ø, Kjeldsen-Kragh J. *Decreased CD4+ lymphocyte activation and increased IL-4 production in peripheral blood of rheumatoid arthritis patients after acute starvation*. 1999.